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Problems of development of the activities of educational institutions in the field of physical education and sports

Yerimbetov Bayram Karlibaevich[1]

[1]Karakalpak state university, Nukus, Republic of Karakalpakstan, Uzbekistan

Abstract

Purpose: Analysis of problems in the field of physical education and sports, as well as the elaboration of evidence-based recommendations for the development of this area, as well as showing the importance of higher educational institutions in the training of qualified specialists for physical education and sports.

Methods: The article used such methods as questioning, a survey of leading experts in our country and abroad, as well as theoretical and methodological studies of the problem of the development strategy of physical education and sports, which made it possible to identify a number of priority areas of modern sports science.

The study used such methods as the analysis of scientific and methodological literature, theoretical and comparative analysis, questionnaires, pedagogical observation, conversation, comparison, pedagogical experience, mathematical statistics.

Results: The results of the survey, we can see that it is effective to organize sports educational institutions of different status and carry out reforms aimed at their development. In particular, the implementation of reforms aimed at the development of non-state sports educational institutions in the country leads not only to the training of qualified athletes, but also to an increase in the desire and interest of the population to regularly engage in physical culture and sports.

Conlcusion: It is necessary to organize training and relationships based on modern requirements. Today in our country, research work in the field of physical culture and sports is not organized on the basis of modern scientific standards. The lack of a system that evaluates and puts into practice the results of scientific research, innovative developments in the field of physical culture and sports also has a negative impact on the development of the industry. In this regard, it is important to organize work to promote scientific research in the field of physical culture and sports based on modern scientific standards, to introduce a cluster system for evaluating and putting into practice the results of research activities in this area.

Keywords: physical education, sport, institution, education, creativity, competence, international criteria, methodology, scientific research, quality.

Introduction

Restoring the culture of the people through the development of physical culture and sports is also important in the formation of the values of peace, friendship, necessary for international relations. In this sense, the development of international cooperation in the field of physical culture and sports leads to the development of political and cultural cooperation between states. It serves the development of relations between peoples and the strengthening of mutual friendship and brotherhood. It also provides an opportunity for the exchange of experience between states, the study of problems in sports, and their elimination. The development of research work on the study of these problems is relevant in determining the scientific solution to problems in this area. As a result of the development of science in society, there is an increase in the standard of living of people and the way of thinking. Subsequently, a generation of qualified specialists is formed. This leads to the development of every industry. Therefore, in our society today, more than ever, it is important to develop research work in every field, improve the quality of training qualified personnel and pay special attention to raising a healthy generation.

Today, large-scale work is being carried out in our society aimed at creating a healthy lifestyle, creating conditions in accordance with modern requirements for regular physical education and mass sports for the population, especially the younger generation, through sports competitions, building young people's confidence in their will, strength, and capabilities and increase their sense of courage and patriotism. Also, work is being carried out aimed at the systematic organization of the selection of talented athletes from among the youth, and the further development of physical culture and mass sports. indicates that these issues should One of the main issues remains the upbringing of a harmonious generation in these actions. Also, the development of physical education and sports as a social institution indicates the need to organize work on the effective use of its capabilities. Especially important is the development of knowledge and experience of physical education and sports specialists. The adoption by the President of the Republic of Uzbekistan of the following Regulations be given special

attention:

Decree of the President of the Republic of Uzbekistan PP-3031 dated June 3, 2017 "On the further development of physical culture and mass sports";

Decree of the President of the Republic of Uzbekistan dated March 5, 2018 No. UP-5368 “On measures to radically improve the system of public administration in the field of physical culture and sports”;

Decree of the President of the Republic of Uzbekistan PP-4877 dated November 3, 2020 “On measures to improve the system of personnel training and increase scientific potential in the field of physical culture and sports”;

Decree of the President of the Republic of Uzbekistan dated October 30, 2020 No. UP-6099 “On measures for the widespread introduction of a healthy lifestyle and the further development of mass sports”;

Decree of the President of the Republic of Uzbekistan PP-5279 dated November 5, 2021 “On measures to further improve the quality of the formation of a reserve of athletes in Olympic and Paralympic sports by fundamentally improving the system of sports education”;

Decree of the President of the Republic of Uzbekistan PP-5280 dated November 5, 2021 “On the program for the development of sports educational institutions until 2025”.

Methods

Questioning, a survey of leading experts in our country and abroad, as well as theoretical and methodological studies of the problem of the strategy for the development of physical education and sports, made it possible to identify a number of priority areas of modern sports science:

Substantiation of the critical need to intensify the activities of the state and society in the development of the values of physical and sports culture as the most important direction for the consolidation of society.

Scientific and methodological support of the processes of modernization of the content and organization of mass physical education of children of different ages in educational institutions.

Scientific and technological substantiation of innovative transformations in the system of training high-class athletes and sports reserve.

Scientific substantiation of priority directions for improving the mechanisms of organizational, legal, resource and information support for the sphere of physical culture and sports, as well as legal, financial and organizational support for innovative transformations in the spaces of mass physical education and sports culture of the country's population.

Theoretical and technological substantiation of the goals and directions of modernization of the infrastructure of physical education, mass physical culture and sports of higher achievements.

Development of high technologies for biomedical and psychological support of the training process in the systems of sports training and physical education.

Theoretical and methodological foundations of the modernization of the system of special education, advanced training of personnel, taking into account the promising trends in the development of science-intensive technologies of physical education and sports training.

Results and discussion

Studying all the features of physical education and sports in general, it is necessary to ensure its mass character among the people. Scientific research in the field of physical culture and sports is of great importance in the study, analysis, solution of these problems, as well as the development of proposals and recommendations based on them. Because the organization of research work in the field of physical culture and sports makes it possible to study problems in this area, using modern methodology and mastering invaluable experience.

We know that the writing of scientific articles by specialists in the field plays an important role in the development of scientific and creative skills in young professionals. And for this it is necessary to organize scientific journals and increase their prestige.

At present, foreign experience and research in the field of physical culture and sports have shown that it is effective to organize sports educational institutions of different status and carry out reforms aimed at their development. In particular, the implementation of reforms aimed at the development of non-state sports educational institutions in the country leads not only to the training of qualified athletes, but also to an increase in the desire and interest of the population to regularly engage in physical culture and sports. In this process, the adoption

of the Decree of the President of the Republic of Uzbekistan No. 302 "On measures to train athletes in Olympic and Paralympic sports in non-state sports educational institutions and their state support" will contribute to the development of the field of physical culture and sports.

According to the resolution, from July 1, 2022, the following measures of state support for out-of-school non-state sports educational institutions operating in the field of physical culture and sports are being implemented:

buildings and structures of state property are transferred for a period until January 1, 2024 to non-state sports educational institutions created by athletes-winners and prize-winners of the Summer Olympic and Paralympic Games, without rent (with the exception of utility bills);

decreases in the period from January 1, 2024 to January 1, 2026 by 50 percent the cost of renting buildings and structures used by non-state sports educational institutions for the provision of physical culture and sports services.

The Ministry of Sports Development, together with the State Customs Committee, the Ministry of Investments and Foreign Trade, the Ministry of Finance, and other interested ministries and departments, is entrusted with submitting, in the prescribed manner, to the Cabinet of Ministers a draft law providing for the exemption (partial exemption) of non-state sports educational institutions from payment of customs duty.

Also, it is established that the one-time cash bonuses paid to coaches of state sports educational institutions who have trained athletes-winners and prize-winners of prestigious international sports competitions in accordance with the Resolution of the Cabinet of Ministers dated October 30, 2017 No. 878 “On measures to further support athletes of Uzbekistan and their coaches who have achieved high results in prestigious international sports competitions” are also applied to coaches working in non-state sports educational institutions.

The implementation of these tasks will serve to increase the number and quality of non -state sports educational institutions in our country. Their training of athletes, winners of the Olympic and Paralympic Games, will form a healthy competition between state and non-state sports educational institutions, will lead to a responsible approach to the work of specialists in this field, to work on oneself, to increase the experience of using the achievements of modern science, as well as to active participation in the further popularization of physical culture and sports.

Conclusion

Based on the foregoing, we believe that on the way to the development of scientific research in the field of physical culture and sports, it is necessary to implement the following tasks:

Firstly, in order to change the mindset of trainers, it is necessary to organize training and relationships based on modern requirements. Because relationships cannot be built on appearance, gestures, clothing style. It may be necessary to develop skills such as mutual trust, timely completion of work according to a certain plan, adherence to the agenda and accuracy, as well as the correct distribution of time. First of all, it is necessary to form these skills with the coach. Because the coach serves as an example for young people while practicing this or that sport;

Secondly, today in our country, research work in the field of physical culture and sports is not organized on the basis of modern scientific standards. While the processes of adoption of the European way of life are being mastered very quickly, we are lagging behind in studying their views, attitudes and experiences. If you try to observe historical progress, you can see that the works of our ancestors became important in the study of the works of Greek thinkers, that is, in achieving European development, not the works of Greek scientists were used, but the works of our scientists such as Farabi, Khorezmi, Ibn Sino. This shows that we need to master the methodology that is applied in European research activities;

Thirdly, the lack of a system that evaluates and puts into practice the results of scientific research, innovative developments in the field of physical culture and sports also has a negative impact on the development of the industry. In this regard, it is important to organize work to promote scientific research in the field of physical culture and sports based on modern scientific standards, to introduce a cluster system for evaluating and putting into practice the results of research activities in this area;

Fourthly, there are problems associated with a shortage of teachers in such disciplines as

sports medicine, sports management, sports sociology, etc. In this regard, it will be effective to organize the training of scientific and pedagogical personnel in these areas, through the creation of institutes of postgraduate education (doctoral studies) in the specialties of sports medicine, sports management and the organization of the activities of scientific councils in these specialties.

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AUTHOR BIOGRAPHY:



Bayram Karlibaevich YERIMBETOV

Employment:
Head of the Department of theory and methodology of physical culture of Karakalpak State University

Degree:
PhD

Research interests:
physical culture, physical education, sports, Kurash, massification of sport, scientific researches in sport, innovation in sport.

E-mail: karsu_info@edu.uz